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G present simple □ and □: I, you, we, they
 V food and drink
 P word stress; /tʃ/, /tʃ/, and /g/

We have toast and tea for breakfast.

I don't have breakfast. I have a coffee at work.

5A Breakfast around the world

1 VOCABULARY food and drink



Dominic from Bath in the UK

I have breakfast at home. I have **cereal, fruit, and yoghurt**, and I drink espresso **coffee** with **hot milk**. I usually have **orange juice**, too. I like my breakfast. I think it's very healthy.

a 226 Read and listen about Dominic's breakfast. Write the **highlighted** words on the photo, 1–6.

b p.122 Vocabulary Bank Food and drink.

2 READING

a Look at the photos. What food can you see?



Louisa from Miami in the USA

On Saturdays, my friends and I have a typical American breakfast. We don't have it at home, we go to a restaurant. We eat eggs, potatoes, **sausages**, and **toast**, and we drink orange juice and coffee. I don't have a big breakfast during the week, only toast and coffee. But I really like my breakfast on Saturdays!



Ken from Osaka in Japan

In my family we have a traditional Japanese breakfast. It isn't very different from lunch and dinner. We have rice, fish, and miso **soup**, and we drink **green tea**. Today a lot of Japanese people have a European breakfast, and they don't drink tea, they drink coffee. I prefer our traditional breakfast.

b Look at the **highlighted** words. Write them on the photos, 7–9.

c 228 Read and listen about Louisa and Ken. Complete the chart.

	Dominic	Louisa	Ken
Drink	coffee, hot milk, orange juice		
Food	cereal, fruit, yoghurt		

d Which breakfast do you prefer: Dominic's, Louisa's, or Ken's? What do you have for breakfast?

3 GRAMMAR present simple \oplus and \ominus : I, you, we, they

- a Complete the sentences from exercises 1 and 2.

present simple \oplus and \ominus

\oplus Dominic

- 1 I _____ breakfast at home.
2 ...I _____ espresso coffee with hot milk.

Ken

- 3 ...we _____ a traditional Japanese breakfast.

\ominus Louisa

- 4 We _____ it at home...
5 I _____ a big breakfast during the week...

Ken

- 6 ...they _____ tea...

- b \blacktriangleright p.100 Grammar Bank 5A. Read the rules and do the exercises.

- c \blacktriangleright p.122 Vocabulary Bank Food and drink. Say what you like 😊 and don't like 😞 .

I like fish. 😊 I don't like meat. 😞

4 LISTENING

- a 🎧 Listen to four people. What's their favourite meal of the day? Complete column 1 in the chart with *breakfast*, *lunch*, or *dinner*.

	1 Favourite meal	2 Where	3 Food and drink
Chris			
Josh			
Jackie			
Steve			

- b Listen again. Complete columns 2 and 3.
c What's your favourite meal of the day?

5 PRONUNCIATION word stress; /tʃ/, /dʒ/, and /g/

- a 🎧 Underline the stressed syllable. Listen and check.

vege|ta|bles po|ta|toes bu|tter su|gar sa|lad
cer|e|al cho|colate yo|ghurt

- b 🎧 Listen and repeat the words and sounds.



chess cheese lunch chocolate



jazz juice Japan orange vegetables



girl sugar eggs yoghurt good

- c 🎧 Listen. Practise the sentences.

I'm **Charlie**. I have bread and **cheese** for lunch.

I'm **Jane**. I like orange **juice** and vegetables.

I'm **Grace**. I have **eggs**, and coffee with **sugar**. It's **good**!

6 SPEAKING

- a Read the sentences. Tick (\checkmark) if they are true about you / your country.

Is it true?

About you

- I have breakfast at home.
- I have toast and coffee for breakfast.
- I have lunch at work / school.
- I have dinner with my family.
- I eat a lot of fruit and vegetables.
- I like fast food.
- At the weekend I sometimes go to restaurants.

About your country

- People have eggs for breakfast.
- They have a big meal for lunch, not for dinner.
- They eat a lot of food from other countries.
- They drink a lot of tea.
- They eat a lot of fish.



- b Talk to a partner. Say what's true and what isn't true.

😊 I have breakfast at home. I don't have toast and coffee, I have cereal and tea.

7 WRITING

- \blacktriangleright p.84 Writing Posting a comment. Write about your breakfast.

Do you live in New York?

No, I don't. I live in London.

5B A very long flight

1 LISTENING & READING

a (234) A British woman (Eve) and an American woman (Wendy) are on a flight from London to New York. Listen to the conversation and number the pictures 1–4.

- | | | |
|---|------------------|---|
| 1 | Eve | Do you like the book? |
| | Wendy | Yes, I do. It's very good. |
| | Eve | She's my ¹ _____ writer. I love her books. |
| 2 | Eve | Do you live in New York? |
| | Wendy | No, I don't. I live in London. My husband and I work for a British company. |
| | Eve | Oh! Do you have ² _____? |
| | Wendy | No, we don't. |
| | Eve | I have two sons and a daughter. David and Andrew are at university, and Carla's at school. Look. Here are some photos... This is a photo of our ³ _____ in Barbados. Do you know Barbados? |
| | Wendy | No, I don't. |
| 3 | Attendant | Do you want ⁴ _____, fish, or pasta? |
| | Eve | Oh, fish, please. |
| | Wendy | Pasta for me, please. |
| | Eve | Is your pasta nice? |
| | Wendy | It's ⁵ _____. |
| | Eve | This fish isn't very good. ⁶ _____ me, I don't like this fish. Can I have the pasta, please? |
| | Attendant | I'm sorry, madam. The pasta is finished. |
| 4 | Eve | Oh, I need to go to the toilet. Oops, sorry. |
| | Wendy | Excuse me. What time do we arrive? |
| | Attendant | In ⁷ _____ minutes, madam. |
| | Wendy | That's good! |

b Read the conversation and complete it with words from the list.

children Excuse favourite holiday
 meat OK twenty-five

c Listen and check.



2 GRAMMAR

present simple ☐: *I, you, we, they*

- a Read the conversation again. Then complete the chart with *do* or *don't*.

present simple	
<input type="checkbox"/>	I live in London.
<input type="checkbox"/>	I _____ live in New York.
<input type="checkbox"/>	_____ you live in London?
<input type="checkbox"/>	Yes, I _____.
<input type="checkbox"/>	No, I _____.

- b ➤ p.100 Grammar Bank 5B. Read the rules and do the exercises.

3 VOCABULARY common verb phrases 1

- a Match the phrases.

- | | | |
|------------------------------------|---|----------------------------|
| 1 I like <input type="checkbox"/> | e | a in London. |
| 2 I drink <input type="checkbox"/> | | b two children. |
| 3 I live <input type="checkbox"/> | | c coffee. |
| 4 I want <input type="checkbox"/> | | d the pasta, not the fish. |
| 5 I have <input type="checkbox"/> | | e this book. |

- b ➤ p.123 Vocabulary Bank *Common verb phrases 1*.

4 LISTENING

- a ②38) At the end of her holiday, Eve gets a taxi back to the airport. Listen. Why does she say 'What a nice surprise!' at the end?

- b Listen again. Circle a or b.

- a Her flight is from Newark airport. b Her flight is from JFK.
- a The traffic is bad. b The traffic is good.
- a The taxi driver is from New York. b The taxi driver is from Puerto Rico.
- a Eve is from Manchester. b Eve is from London.
- a London isn't very expensive. b London is very expensive.
- a The taxi driver's children are boys. b The taxi driver's children are girls.
- a The taxi is \$87.50. b The taxi is \$87.15.
- a Taxi driver: 'Have a good day.' b Taxi driver: 'Have a good flight.'
- a Eve is late. b Eve isn't late.
- a The gate number is B5. b The gate number is C5.



5 PRONUNCIATION /w/, /v/, and /ɒ/;

sentence rhythm and linking

- a ②39) Listen and repeat the words and sounds.

witch	where when work welcome
vase	have live very TV
clock	what want watch coffee dogs

- b ②40) Listen and repeat. Copy the rhythm.

- A Do you want a coffee?
B Yes, an espresso, please.
- A Do you live in a flat?
B No, I don't. I live in a house.
- A Do you have a big family?
B Yes, I do. I have four sisters.

6 SPEAKING & WRITING

- a Complete 2–10 with a verb from the list.

drink eat go have listen
live need read speak watch

Do you...

- live near here? / in a house or a flat?
- _____ brothers and sisters? / a cat or a dog?
- _____ MTV? / CNN?
- _____ to pop music? / to classical music?
- _____ a newspaper? / magazines?
- _____ meat? / a lot of chocolate?
- _____ Coke? / beer?
- _____ French? / German?
- _____ a new phone? / a new car?
- _____ to a gym? / to the cinema at weekends?

- b Ask and answer questions with a partner.

Do you live near here? Yes, I do.
I live very near.

Do you live in a house or a flat? I live in a small flat.

- c Write four true sentences about you, two positive and two negative.

I watch MTV.

I don't read a newspaper.

Practical English What time is it?

1 TELLING THE TIME

VIDEO

- a 241 Listen and match the conversations and photos.



- 1 **Rob** I'm tired. What time is it?
Alan It's eleven o'clock.
Rob I need to go. I have a meeting in Oxford tomorrow morning.
Alan One more drink?
Rob Oh, OK!
- 2 **Rob** Excuse me. What time is it?
Woman It's a quarter to eight. What time's your train?
Rob At seven forty-seven.
Woman You need to hurry! You only have two minutes.
Rob Thanks!
- 3 **Rob** Hello. I'm Rob Walker. I'm sorry I'm late.
Man You're an hour late. It's half past ten.
Rob I know. I'm really sorry.

- b 242 Listen and repeat the conversations in a. Then practise them with a partner.

need

After *need* you can use a noun, or *to* + a verb:
I need a coffee. I need to go.

- c Cover the conversations and look at the three clocks. What time is it?

2 VOCABULARY the time

- a 243 Listen and repeat the times.



It's three o'clock.



It's five past three.



It's ten past three.



It's a quarter past three.



It's twenty past three.



It's twenty-five past three.



It's half past three.



It's twenty-five to four.



It's twenty to four.



It's a quarter to four.



It's ten to four.



It's five to four.

- b Cover the times. Look at the clocks and say the times.

- c 244 Listen and draw the time on the clocks.

1



2



3



4



5



6



The time

- 1 You can also say the time with numbers,
e.g. 7.15 = a quarter past seven OR seven fifteen.
2 60 minutes /mins/ = one hour /hour/

- d Practise with a partner.

Number 1. What time is it? } It's twenty to nine.

- e Communication What time is it? A p.77 B p.81.
Tell the time with a partner.

3 PRONUNCIATION silent consonants

- a 245 Listen and repeat the words. Practise saying them.

half hour know listen write
Wednesday what tired two



silent letters

Some English words have a 'silent letter', e.g. in where you don't pronounce the *h* /weɪ/.

- b 246 Listen to the conversations. Then practise with a partner.

A What time is it?
B It's half past two.

A Is the meeting on Wednesday?
B I don't know.

A Listen and write five sentences.
B Oh no! I'm tired.

4 VOCABULARY saying how you feel

- a 247 Listen and repeat the sentences.



1 I'm hot.



2 I'm cold.



3 I'm hungry.



4 I'm thirsty.



5 I'm tired.

- b Match the sentences in a with a–e.

a Time for bed.
b Time for lunch.
c It's 5° (degrees /dɪ'grɪz/) this morning.
d It's 35°!
e I need a glass of water.

- c 248 Listen and check. How do you feel at the moment?

5 A NIGHT OUT

VIDEO

- a 249 Watch or listen to Jenny and Amy. Tick (✓) the two places they go to.

a bar a café a cinema
 a restaurant a theatre



- b Watch or listen again. Complete sentences 1–3 with times.

1 The show is at _____.
2 Jenny and Amy meet at _____.
3 The show ends at _____.

6 USEFUL PHRASES

VIDEO

- 250 Watch or listen and repeat the useful phrases.

I need to go.
You need to hurry.
You're an hour late.
I'm really sorry.
Don't worry.
What a great show!
It's late and I'm tired.
Come on.
OK. Let's go.

7 SONG Stop the Clock

4 MP3