

Unit	A Reading and vocabulary	B Grammar and listening
Welcome	<p>p4 Hello Vocabulary The alphabet; countries and nationalities; talking about interests; numbers 1–30  Listening Spelling words; Where are you from?; numbers</p>	<p>p6 Are you in a band? Grammar <i>be</i>: affirmative, negative, questions and short answers  Listening Interview with Bruno</p>
1 That's life	<p>p14 Breakfast in space Reading Life in space Vocabulary Daily routines; prepositions of time Strategy Guessing the meaning of unknown words 1</p>	<p>p16 Bright and early Grammar Present simple: affirmative and negative  Listening Jake's hobby Reading It's a beautiful morning!</p>
Review 1 p23	Cumulative review Units 1–2 p34	
2 Time out	<p>p24 Cycling in the desert Reading Free time in the middle of nowhere Vocabulary Free-time activities; likes and dislikes Strategy Skim-reading for the main ideas; Recording antonyms</p>	<p>p26 Healthy living Grammar Adverbs of frequency  Listening Healthy lifestyle survey Reading Sitting volleyball</p>
Review 2 p33	Cumulative review Units 1–2 p34	
3 Home and away	<p>p36 House of the future Reading Earthships Vocabulary Inside and outside the home; prepositions of place Strategy Recording vocabulary with pictures</p>	<p>p38 Enjoy the view Grammar <i>there is / there are</i> with <i>some / any</i>  Listening Sam's holiday Reading Beach hotel or tree house?</p>
Review 3 p45	Cumulative review Units 1–4 p56	
4 The natural world	<p>p46 It's wild! Reading Working together Vocabulary The natural world; animal verbs Strategy Recording words in context</p>	<p>p48 What are you watching? Grammar Present continuous  Listening Where is Raj? Reading Watching animals</p>
Review 4 p55	Cumulative review Units 1–4 p56	
5 Food, glorious food	<p>p58 Food matters Reading Unusual diets Vocabulary Food; compound nouns Strategy Making mind maps</p>	<p>p60 School food with a difference Grammar Countable and uncountable nouns; <i>much, many, a lot of</i>  Listening / Reading Farm school</p>
Review 5 p67	Cumulative review Units 1–6 p78	
6 Material world	<p>p68 Nearly new Reading Shwopping Vocabulary Clothes and accessories; shopping and clothes words; negative prefixes Strategy Scanning for detail</p>	<p>p70 Cyber Monday Grammar Comparative adjectives  Listening Online shopping Reading Online shopping – how it works</p>
Review 6 p77	Cumulative review Units 1–6 p78	
7 It's tough!	<p>p80 Different shapes Reading The world's toughest Vocabulary Parts of the body; noun suffixes <i>-er</i> and <i>-or</i> Strategy Guessing the meaning of unknown words 2</p>	<p>p82 Keep it clean! Grammar <i>have to</i> and <i>should</i> Reading Cleaning the UK's favourite tourist attractions  Listening A school club</p>
Review 7 p89	Cumulative review Units 1–8 p100	
8 Life story	<p>p90 Life's ups and downs Reading Music: the road to success Vocabulary Life stages; adjective suffixes: <i>-ful</i> and <i>-al</i></p>	<p>p92 The human story Grammar Past simple affirmative: regular and irregular verbs Reading Out of Africa  Listening Neanderthals Strategy Listening for gist and for detail</p>
Review 8 p99	Cumulative review Units 1–8 p100	
9 Changes	<p>p102 A new model Reading It's a model job Vocabulary Describing people; <i>like</i> Strategy Writing summaries</p>	<p>p104 A new life Grammar <i>going to</i>: plans  Listening / Reading Everything's going to be different</p>
Review 9 p111	Cumulative review Units 1–10 p122	
10 Explore	<p>p112 Tourists ... Who wants them? Reading Tourism – the pros and cons Vocabulary Holiday places; prepositions of place: <i>in, on, at</i></p>	<p>p114 Adventure Grammar Present perfect affirmative and negative: regular and irregular verbs  Listening / Reading Adventurer rows the oceans</p>
Review 10 p121	Cumulative review Units 1–10 p122	

C Culture, vocabulary and grammar	D Listening, speaking and vocabulary	E Writing
<p>p8 Happy families Vocabulary Family; feelings; plural nouns Grammar Possessive adjectives; <i>this, that, these, those</i></p>	<p>p10 Friends Vocabulary Appearance adjectives Grammar <i>have got</i>; object pronouns; <i>a / an</i> and <i>the</i></p>	<p>p12 The world is a village Vocabulary Days, months and seasons; numbers 31+; ordinals and dates Reading The world as a village</p>
Vocabulary bank p124 Countries and nationalities, Colours, The time		
<p>p18 British schools Reading Eton College and Parrs Wood School Vocabulary School subjects Grammar Present simple: questions and short answers; question words</p>	<p>p20 Journeys to school 🔊 Listening How do you get to school? Vocabulary Transport Strategy Understanding synonyms Everyday English Classroom language</p>	<p>p22 A questionnaire Strategy Checking your writing Capital letters</p>
Vocabulary bank p126 Classroom items, Classroom language		
<p>p28 Making music Reading Music for everyone Vocabulary Musical instruments Grammar <i>can / can't</i> for ability</p>	<p>p30 Superheroes 🔊 Listening Superheroes Vocabulary Languages Strategy Recognizing spelling patterns Everyday English Adverbs of manner; requests with <i>can</i> and <i>could</i></p>	<p>p32 An informal letter Strategy Writing informal letters Linking words: <i>and, but, or</i></p>
Vocabulary bank p127 Sports, Sports collocations: <i>play, do & go</i>		
<p>p40 Underground city Reading Underground Montreal Grammar Possessive <i>'s</i>; possessive pronouns and <i>whose</i></p>	<p>p42 Around town Vocabulary City to country 🔊 Listening Where we live Strategy Listening for key words Everyday English Asking for and giving directions</p>	<p>p44 A tourist guide Strategy Using a model text Sequencers</p>
Vocabulary bank p128 In the home, Around town		
<p>p50 What's the weather like? Reading What's the weather like with you? Grammar Present simple or present continuous? Vocabulary Describing weather; adjective suffix <i>-y</i></p>	<p>p52 Get active 🔊 Listening Redingly activity centre Vocabulary Outdoor activities Strategy Using visual clues Everyday English Making suggestions</p>	<p>p54 Describing a photo Strategy Using questions to plan your writing Describing a photo and expressing uncertainty</p>
Vocabulary bank p129 Animals, Pets		
<p>p62 Traditional food Reading Food map of Britain and Ireland Grammar <i>a little / a few</i> Vocabulary On the dinner table</p>	<p>p64 Delicious or disgusting? 🔊 Listening Unusual food Vocabulary Opinion adjectives Everyday English Ordering food</p>	<p>p66 A description of a festival Strategy Focussing on the writing goal Linking words of addition: <i>too, also</i></p>
Vocabulary bank p130 Food, Food quantities		
<p>p72 Black Friday Reading Black Friday or Buy Nothing Day? Grammar Superlative adjectives Vocabulary Shopping Strategy Increasing your vocabulary</p>	<p>p74 Can't live without it 🔊 Listening Living without technology Vocabulary Gadgets Everyday English Buying clothes</p>	<p>p76 A review of a gadget Strategy Using a bilingual dictionary Positive and negative adjectives An e-reader</p>
Vocabulary bank p131 Shops, Clothes verbs		
<p>p84 The first Thanksgiving Reading Constance Hopkins and the <i>Mayflower</i> pilgrims Grammar Past simple: <i>be</i> and <i>can</i> Vocabulary Opposite adjectives Strategy Using new words</p>	<p>p86 What's wrong? 🔊 Listening Health facts and myths Vocabulary Health Everyday English Talking about illness</p>	<p>p88 A letter of advice Strategy Brainstorming ideas Making suggestions and giving advice</p>
Vocabulary bank p132 Housework, Health problems		
<p>p94 Great writers Reading Mary Shelley and Emily Dickinson Grammar Past simple: negative, questions and short answers Vocabulary Types of writing</p>	<p>p96 Moments to remember 🔊 Listening The best moment of your life Vocabulary Collocations with <i>take</i> Strategy Identifying and using collocations Everyday English Talking about your weekend</p>	<p>p98 A narrative Strategy Making your writing interesting Narrative adverbs</p>
Vocabulary bank p133 Jobs, Past time expressions		
<p>p106 A new year Reading Let's celebrate Vocabulary noun suffixes <i>-ion</i> and <i>-ment</i> Strategy Revising vocabulary Grammar <i>will</i>: predictions</p>	<p>p108 A new business 🔊 Listening Young enterprise Vocabulary Phrasal verbs Everyday English Talking on the phone</p>	<p>p110 An informal email Strategy Making your writing personal Informal language for emails</p>
Vocabulary bank p134 Materials, On the phone: phrasal verbs		
<p>p116 Travel USA Reading Staycations in the USA Grammar Present perfect: questions, short answers, with <i>ever</i> and <i>never</i> Vocabulary US English Strategy Varieties of English</p>	<p>p118 Trans-Siberian Vocabulary Travel collocations 🔊 Listening Moscow by train Strategy Taking notes Everyday English Tourist information</p>	<p>p120 A profile Strategy Choosing the right tense Linking words: <i>so</i> and <i>because</i></p>
Vocabulary bank p135 Types of holidays, Holidays: phrasal verbs		